

Grand Prix Cross Country Championship Accc Horažďovice 2014, Czech Republic

Grand Prix, which is organised and held for the first time by the Athletic Cross Country Club Horažďovice, will involve the international participation of runners from the whole of Europe who are classified under the following categories:

Men, women, senior men, senior women, junior men, junior women, menU18, womenU18, menU16, womenU16, menU14 and womenU14(U=under) and children under 12.

Organiser: Technical and organizational backup will be provided by the Accc Horažďovice in cooperation with the town Horažďovice and the Open-Air School in Střelské Hořtice.

The main partners are: SPAR Czech trading company, Ltd., Salomon and Suunto

Date: Saturday 25th October, 2014

Venue: Horažďovice. The start of the championship is at the Accc Horažďovice sports grounds near the town Střelské Hořtice – facilities of the Athletic Club Accc Horažďovice.

Main organizers:

President of the Championship Event
and Chairman of the Organizing Committee
Main Referee
Manager of the Administration Office

Ing. Miloslav Šefler
Mgr. Vlastimil Němejč
Mgr. Dana Šatrová

Registration: Runners will be able to submit application forms on the Accc website (<http://www.a3c.cz>), starting Monday, 13th October 2014, until Wednesday, 22nd October 2014. The deadline for application submission is Wednesday, 22nd October at 12 a.m.

Note that the categories for men and junior men runners allow entry to only one race.

Championship administration office: This office will be open on Friday, 24th October 2014, from 4 p.m. to 7 p.m. at the Open-Air School in Střelské Hořtice. Accommodation for home and foreign runners and their team support can be arranged here. On Saturday, 25th October 2014 (the day of races) the championship office will be open at the competition venue (the sports grounds of the Athletic Cross Country Club Horažďovice) from 8:30 a.m. Registration and distribution of start numbers will end one hour before the start of individual category races.

Start numbers: Start numbers are non-returnable, safety pinned (on the chest and on the back) to the running shirt. The numbers will be distributed in the championship office during the registration.

Starting fee: none

Competition timetable:

10:00 a.m. Opening Ceremony
10:10 a.m. 1st race (575 m) – children under 12 (require the presence of parents)
10:20 a.m. 2nd race (1,200 m) – one separate category of womenU14
10:35 a.m. 3rd race (1,800 m) – two categories together menU14 and womenU16
10:55 a.m. 4th race (3,025 m) – two categories together menU16 and womenU18

11:00 a.m. Victory Ceremony I. (races 1–4)

11:25 a.m. 5th race (4,100 m) – three categories together menU18, junior women and senior women
11:55 a.m. 6th race (7,000 m) – three categories together junior men, women and senior men
12:20 p.m. 7th race (9,000 m) – one separate category men
1:00 p.m. Victory Ceremony II. (races 5-7)

Prizes and awards for the first three runners in each category:

U16 and 14 Men + Women: a certificate, a medal and an additional prize (tbd)

U18 Men + Women: a certificate, a medal and a financial prize (1,500, 1,000, 500 CZK)

Junior men+women: a certificate, a medal and a financial prize (1,500, 1,000, 500 CZK)

Women: a certificate, a medal and a financial prize (2,000, 1,000, 500 CZK)

Men: a certificate, a medal and a financial prize (3,000, 2,000, 1,000 CZK)

In main categories for men and women, prizes are also awarded to those who come in fourth, fifth and sixth.

Prizes (sports clothes and Suunto watches) to the total value of 40,000 CZK will be presented to the winners of the Grand Prix Cross Country for the year 2014 by:

Accc Horažďovice, SPAR Czech Trading Company, Salomon and Suunto.



Laps length:

575 m = 1x black lap

1,200 m = 1x black lap + 1x yellow lap (575m + 625m)

1,800 m = 1x black lap + 1x red lap (575m + 1.225m)

3,025 m = 1x black lap + 2x red lap (575m + 2x1.225m)

4,100 m = 1x black lap + 1x yellow lap + 2x green lap (575m + 625m + 2x1.450m)

7,000 m = 1x black lap + 1x yellow lap + 4x green lap (575m + 625m + 4x1.450m)

9,000 m = 1x black lap + 1x yellow lap + 5x blue lap (575m + 625m + 5x1.560m)

Course: The Grand Prix Cross Country Accc Horažďovice 2014 will be held on a rolling grassy course with a maximum elevation difference of 25 m. Details can be downloaded at www.a3c.cz

Changing rooms: These are enclosed with a washroom next to the championship office building, and in separate tents measuring 6x9 metres for women and men. The changing rooms are at a distance of approximately 150 metres from the start. Toilets and showers for women and men and mobile urinals for men are also nearby. Access to changing rooms, washrooms and showers is strictly only for runners.

Refreshments: Runners will be served with fruit, tea and water in the changing rooms and the starting point. Other participants will be provided refreshments from a mobile catering stall. In case of unfavourable weather a tent will be erected to provide shelter. Invited guests, journalists and representatives of CAS (Czech Athletic Federation) will receive refreshments in a VIP tent.

Access road to the sports ground and parking: The course is located 1 km behind Střelské Hořtice (direction Horažďovice see the map). On the access road (1st class) will be limited speed 150 m before the entrance to the parking area and on both sides will be seen traffic signs Grand Prix Cross Country 2014.

Accommodation for home and foreign runners: 1) Open-Air School in Střelské Hořtice. Available for approximately 200 beds in rooms with half board (from Thursday 23rd October 2014). The Championship Administration Office will be open here for one day only on Friday 1st November. Rooms can be booked via the Accc website at www.a3c.cz, **contact email sarka.sefler@seznam.cz**, from October 13th to October 24th 2014.

2) Representatives and guests will be accommodated in the hotel Prachen, Horažďovice, telephone number: 376 383 634, www.hotelprachen.cz

The Accc Horažďovice will cover the expenses for board and lodgings.

It is necessary to book and confirm the accommodation as soon as possible, or by 22nd October at the very latest.

Other details about Grand Prix Cross Country Championship Accc Horažďovice 2014 can be downloaded from the website of the Czech Athletic Federation (CAS) www.atletika.cz and www.a3c.cz